

## BOARD MEMBERS

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Secretary	: Mrs. Jijimol Varghese, Ottathaickal, Puthuppally
Member	: Mrs. Aleyamma Thomas, Kalarickal, SN Puram, Pampady

## OUR CONSULTANTS

Legal Advisor	: Adv. George C. Kuruvilla B.A. , LLB Advocate and Mediator (Accredited by Supreme Court of India)
Chartered Accountant	: Mr. Saju C. Kuruvilla B. Com, LLB, FCA, ISA (ICA)
Architect	: Mr. T. M. Mathai (Reji) B. Tech, M.sc, MBA, FIV, AMIE

## CONSULTANT DOCTORS

: Dr. Bobby Kurian MBBS, M.S
: Dr. A. K. George MBBS, MS, ENT Specialist
: Dr. Mary Markose MBBS, DA
: Dr. Elizabeth MBBS DTM & H
: Dr. Jolly Philip MBBS, M.S

## HEALTH EDUCATION AND COUNCELLOR

: Mrs. Dottiayma Jose B Sc. Nsg & Master of Education
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## ADVISORY BOARD

Mr. Kuruvilla M. George IRS(Rtd)	: Hon. Secretary, Fellowship House, Aluva
Mr. George P. Paret BSc, BSc(Engg)	: Deputy General Manager (Rtd), Cochin Refineries Ltd.
Prof. Mary Mathew MA, MPhil	: General Secretary, Martha Mariam Samajam
Prof. Dr. Rajan George Panicker	: Registrar, MBC Engg. College, Peerumedu
Mr. Shalu Mathew M. A	: Press Club Secretary, Kottayam
Mr. O. C. Chacko	: (Rtd) P. A. to Election Commissioner
Mr. K. A. Abraham, Kazhunnulathu, Amayannoor	
Mr. M. C. Thomas, Madackal R T Nagar, Bangalore	
Mr. George Abraham, Thidudupil, Abu Dhabi	
Mr. Raju Kurian, Chirackathottom, CMD UNISIS GROUP	



*Greetings to you all in the name of the Lord.*

*Everybody wants to have joy and peace particularly at the latter stage of life. Because of the newly developed social setup and family situations elderly people may feel loneliness and isolation. I hope that the Shepherd's Valley Senior Citizens Home would suffice as a genuine home away from the real home and I wish all blessings to the Trust to materialize its dreams, and to the residents to fulfill their expectations.*

Yours' in the Lords' Service  
Dr. Yuhanon Mar Chrysostomos Metropolitan  
Orthodox Church, Niranam Diocese

Contact:

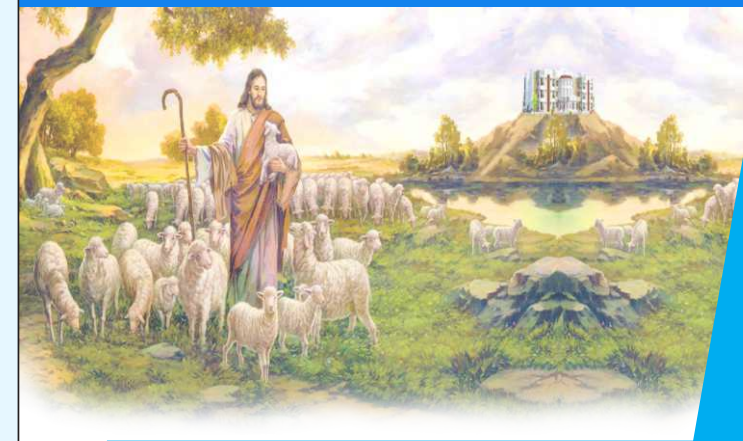
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*We care because you deserve the best*

# Shepherd's Valley Senior Citizens Home

13 th Mile, K. K. Road, Pulickal Kavala P. O  
Kottayam Dt., Kerala State Pin : 686515



*Elder's Castle*



A Non Profitable, Service Oriented Venture by  
Shepherd's Valley Public Charitable Trust

## LOCATION

21 kms away from Kottayam town, set in eight and a half acres of land amidst hills and natural green valley with year-round pleasant climate, "Shepherd's Valley" is a retirement location situated in 13th mile (Kottayam- Kumali NH220, en-route to Thekady), between Ponkunnam and Pampady which is reminiscent of the best of such places abroad - serenity, security, soul enrichment, love and care all brought under one roof.

\*Nearest railway station: Kottayam – 21kms (35min)

\*Nearest airport: Cochin International airport: 90kms (2hrs 25 min)  
Thiruvananthapuram International airport: 148km (3hrs 35min)

## SHEPHERD'S VALLEY - "Active Senior Living"

An ecofriendly campus with professionally landscaped parks, gardens, walking tracks, fountains, medicinal plants, trees and orchards

### SHEPHERD'S VALLEY PROJECTS

#### 1. SENIOR CITIZEN HOME – "Elder's castle"

"Lifelong care to inmates in a homely atmosphere with the spiritual support of priests."

\*30 Apartments in three floors (21000 sq.ft)

\*485 Sq. ft. Apartments consisting of A/C Bedroom, drawing room, bathroom, Nano kitchen and a balcony.

**FACILITIES** :Single/ Double cot cum bed as per requirement, side table, wardrobe, mirror with niche, multipurpose table, chairs, sofa, TV unit box and TV, kitchen bottom unit, fridge, microwave oven, electric kettle and water purifier.Ramp, lift and staircase.

#### COMMON FACILITIES

\*Meeting place

\*Reading room/library

\*Recreation: carom board, chess, table tennis, badminton.

\*Gym/work

out area

\*Wi-Fi access.

#### 2. PALLIATIVE CARE CENTRE – "Aashraya"

Our mission is to provide geriatric medical care to the bed ridden inmates lifelong.As per the availability of rooms, in case of emergency, outsiders can also avail the service of palliative care unit at their own expense

#### 3. KITCHEN AND MESS HALL–"House of bread"

An option to close kitchen and eat at our exclusive in-house mess which offers proper food and various culinary choices with dietary supervision.

#### 4. WORSHIP AND RETREAT CENTER - "Sinai"

\*Morning, noon and evening prayers.

\*Holy mass

\*Retreats and meditation.

#### 5. UPCOMING PROJECTS

##### Health

\***DIALYSIS UNIT**: we are planning to start a dialysis unit in our palliative care hospital where even the economically poor people can avail the service freely

\* Ambulance facility available

\* Free medical guidance and support from our team of doctors

\* Shepherd's valley margin less medical store which will help the public in getting medicines in concession rates.

\* A well-equipped Ayurveda rejuvenation center with trained doctors and staff providing authentic treatment. Fifteen executive rooms and fifteen luxury villas with spa facilities

##### Education

##### \*EDUCATIONAL SCHOLARSHIPS:

Selected highly talented and skilled children from poor economic background will be given financial support to achieve their academic goal with the help of sponsors.

#### GENERAL FEATURES OF SHEPHERD'S VALLEY

\*Eco-friendly treatment plant for waste disposal and water management.

\*24 hours water and electricity (power from electricity board, solar energy and generator)

\*Live life with the security of 24 hour patrolling

\*Well lit roads and compound walls.

\*Organic farming, dairy/poultry farm for self-sufficiency

## Palliative Care Centre



## Kitchen and Mess Hall



## Real Images of Apartment



Drawing Room



Bed Room